

The evaluation of GTP effectiveness was performed within the PhD thesis of Sandra Nogueira, under the direction of Orlanda Cruz and Isabel Abreu-Lima, at the Faculty of Psychology and Education Sciences of the University of Porto. The study included a randomized controlled trial with 134 socio-economic disadvantaged mothers comparing two intervention conditions (GTP n= 67 vs usual intervention n = 67), in four assessment time points (pre-and post-intervention, six and twelve months follow-ups). The study's method and results are described in the journal article with the reference: Nogueira, S., Abreu-Lima, I., Canário, A. & Cruz, O. (2021). Group Triple P – a randomized controlled trial with low-income mothers. *Children and Youth Services Review*, 121, 105662. <https://doi.org/10.1016/j.childyouth.2020.105862>