



Final Event 2023



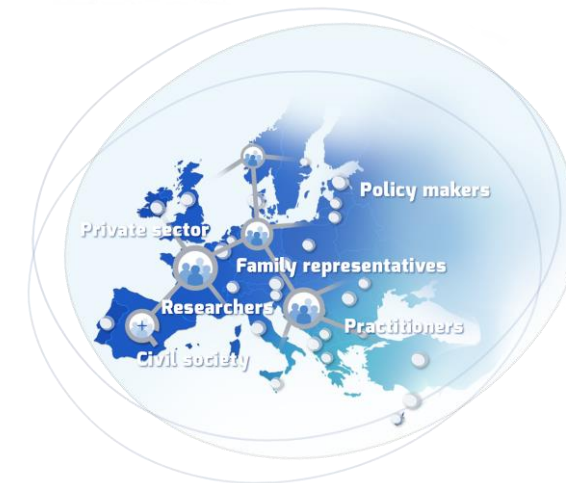
EUROPEAN FORUM ON FAMILY SUPPORT “CREATING AN AGENDA FOR 2030”

► Advancing quality standards and evidence-based practice with families in Europe

Chairperson: Félix Barajas

Presenters: Sonia Byrne, María José Rodrigo & Ana Catarina Canário

Respondent: Cecile Winkelman





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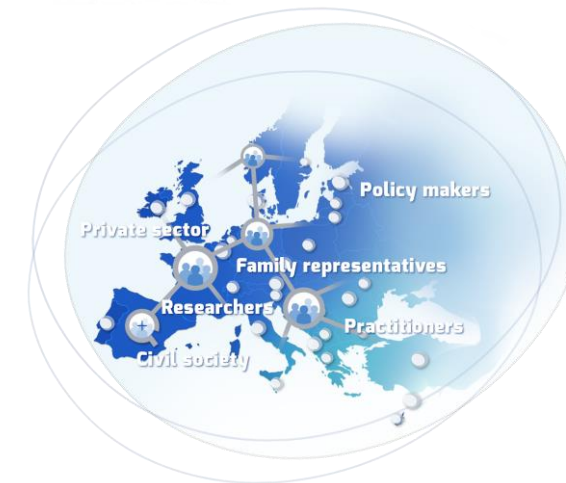


EUROPEAN FORUM ON FAMILY SUPPORT “CREATING AN AGENDA FOR 2030”

► Quality standards and evaluation strategies for family support programs: the position of EurofamNet



Metin Özdemir, Simone Vastamaki, Patty Leijten, Filipa Sampaio, Rita Pinto, Ana Catarina Canário, & Orlanda Cruz, Ana Almeida, Orlanda Cruz, & Ana Catarina Canário



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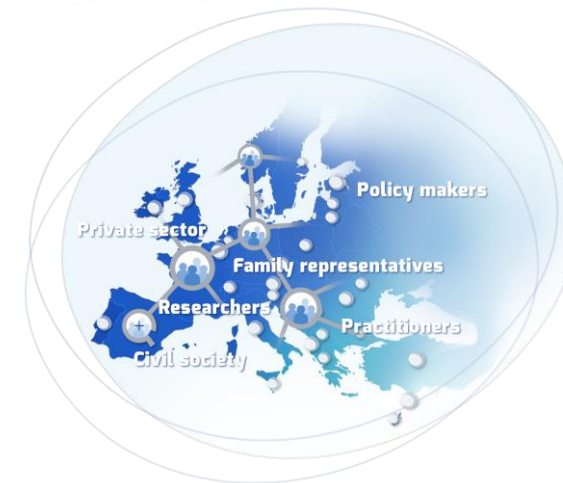
EurofamNet position papers

The European Family Support Network (EurofamNet) quality standards for family support programs

Metin Özdemir, Simone Vastamaki, Patty Leijten, Filipa Sampaio, Rita Pinto, Ana Catarina Canário, & Orlanda Cruz

Evidence-based family and parenting support evaluation strategies: The position of EurofamNet

Ana Almeida, Orlanda Cruz & Ana Catarina Canário



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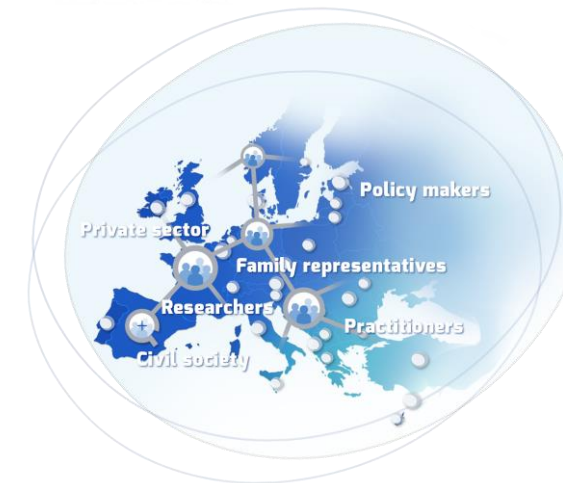
Family support programs

Wide range of activities targeting families with

- clear structure
- set goals
- defined means and methods
- and a structure/guideline to assess outcomes

Aim

To promote health, wellbeing, and development of **children**



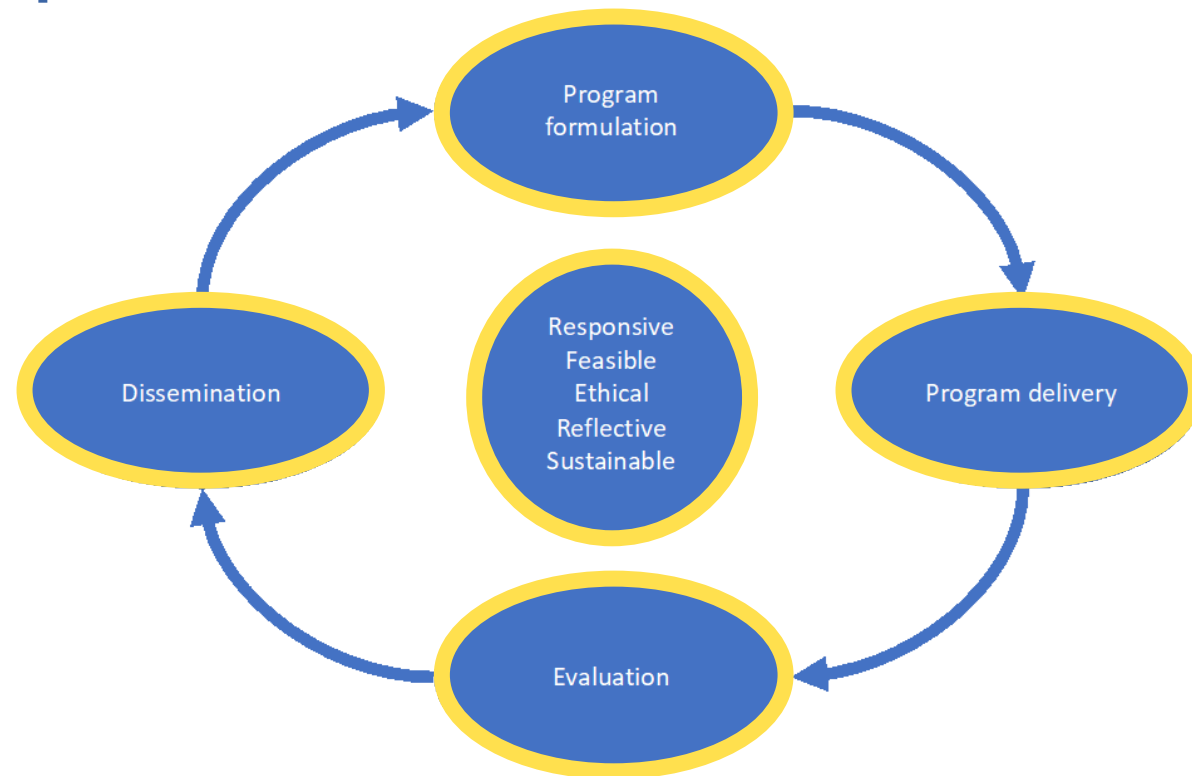
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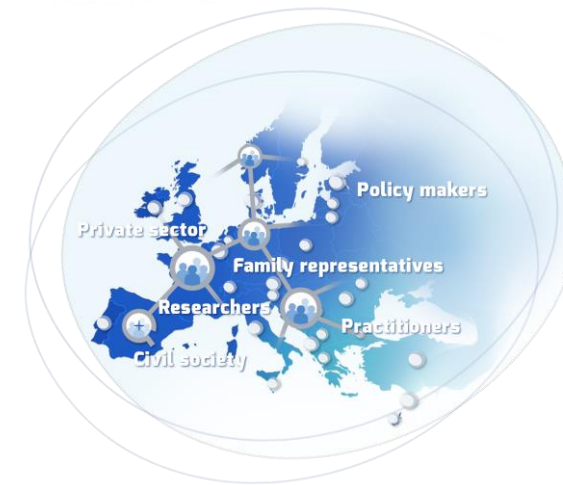


Fundamental considerations for program development, implementation, evaluation, and dissemination



cost
EUROPEAN COOPERATION
IN SCIENCE & TECHNOLOGY

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GOBIERNO DE ESPAÑA
MINISTERIO DE DERECHOS SOCIALES Y AGENDA 2030
SECRETARÍA DE ESTADO DE DERECHOS SOCIALES
DIRECCIÓN GENERAL DE COOPERACIÓN FAMILIAR Y SERVICIOS SOCIALES

FEMP
FEDERACIÓN ESPAÑOLA DE MUNICIPIOS Y PROVINCIAS

UNIVERSIDAD DE SEVILLA

OLLSCOIL NA GAILLIMHE
UNIVERSITY OF GALWAY

ESAFAM
ASOCIACIÓN PARA EL ESTUDIO Y APOYO A LAS FAMILIAS

La Rueda
asociación

Cruz Roja



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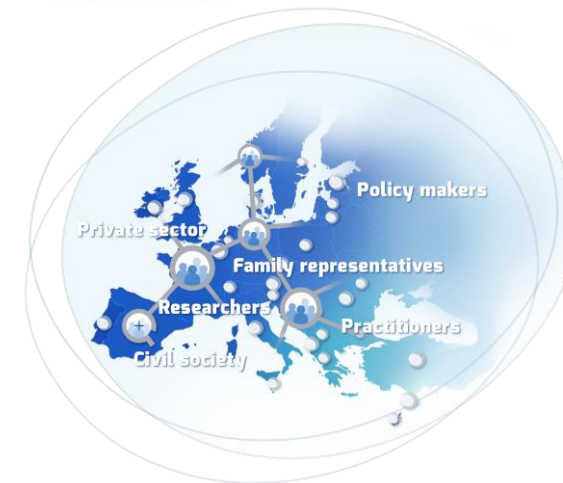
Quality standards

Program formulation

- Clearly defined theoretical model
- Clearly stated objectives
- Standardized delivery
- Evidence guided
- Developmentally appropriate
- Responsive to the target group
- Participatory
- Capacity building

Program implementation

- Families' needs evaluation
- Organization readiness
- Program selection
- Implementation team
- Implementation plan
- Participatory implementation planning
- Staff training
- Fidelity and continuous improvement





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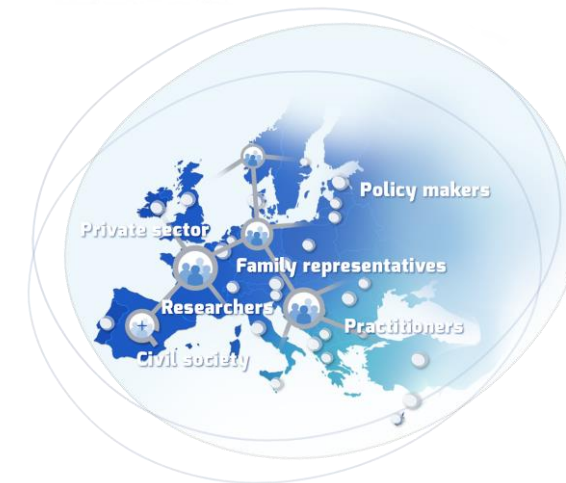


Evidence-based family and parenting support evaluation strategies

- Evaluation strategies should be applied to all stages of programs' workflow, under a pluralistic approach

Program evaluation

- Accessibility
- Service conditions
- Families' needs and resources
- Short and long-term effects
- Implementation fidelity
- Family engagement
- Effectiveness
- Costs, benefits, and utilities
- Penetration and sustainability



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Implications for practice and policy-making



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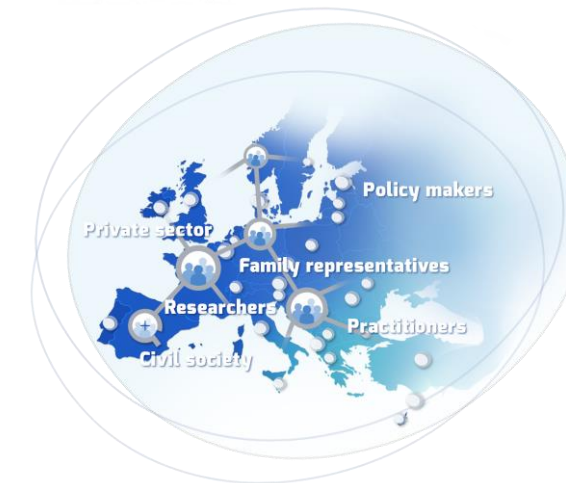


Implications for practice

- Better understanding on which specific programs should be delivered to families according to their needs and characteristics, in a family-centered approach

Implications for policy-making

- Enhance collaborative and bidirectional liaisons between families, professionals, policymakers and universities
- Advocate evidence-based programs as resources available in the communities to promote family wellbeing and child development





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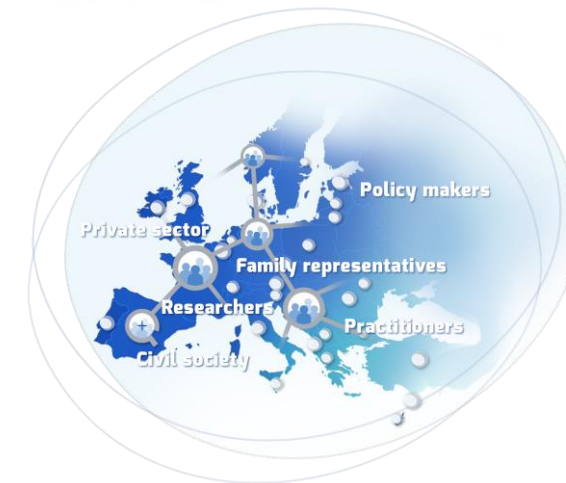


EUROPEAN FORUM ON FAMILY SUPPORT “CREATING AN AGENDA FOR 2030”

► Adoption of evidence-based standards in COST Action countries



Sonia Byrne, Ninoslava Pecnik, Isabel María Bernedo, Eliska Kodysova, Koraljka Modić, Javier de Frutos, & María José Rodrigo



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Current situation in Europe

- The European policy is placing a strong emphasis on adopting EBP approach.
- However, there is not much information about the actual incorporation of EBP into services and professional practice across countries, leaving unnoticed the potential existence of inequalities in quality family support.
- We examine to what extent the adoption of EBP is taking place in support provision systems in Europe.





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Strategies for the adoption of EBP

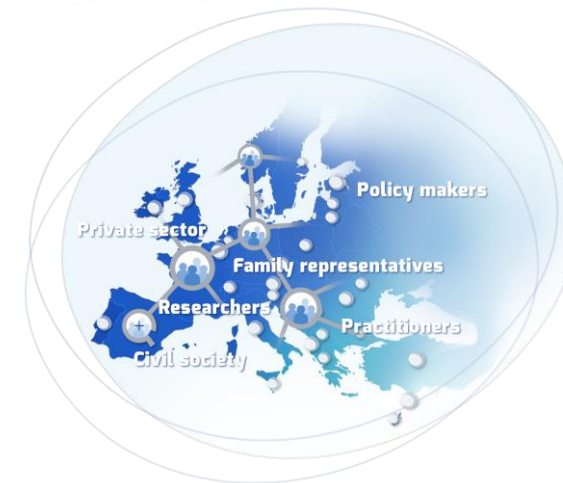
Collaborative schema between policymakers, researchers, and practitioners/stakeholders

Translational
bidirectional
efforts from
science to
practice
leading to
agreed EBP
guidelines

Official
recognition to
EBP
guidelines
application in
multiagency
and cross-
sectoral
settings

Professional
training and
inclusive
evaluation of
the quality
family
support

Dissemination
of results
among
professionals,
families, and
society at
large



18 Questions covering national, agency and practitioner levels



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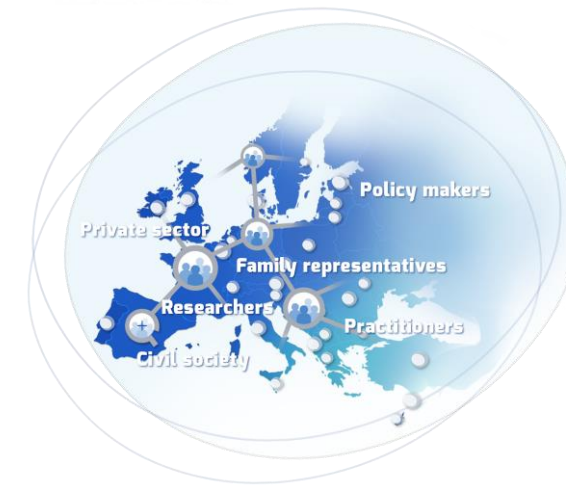


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Formative protocol based on self-directed assessment (20 EurofamNet countries)

- EU: Austria, Croatia, Czech Republic, France, Germany, Ireland, Italy, Lithuania, Netherlands, Portugal, Slovenia, Spain, Sweden.
- EU candidates: Bosnia-Herzegovina, Kosovo, Montenegro, Republic of Moldova, Serbia.
- Non-EU: United Kingdom, Israel.
- Consensual responses were provided by members of *EurofamNet National Supportive Networks* made up of services and social entities at national, regional and local levels in social, education, health, and community sectors.



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Profile of responses

Initial

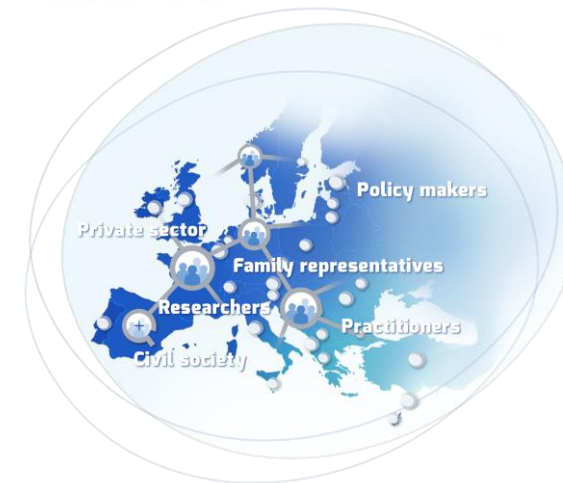
- Legal and policy national and international on child rights **95%**
- Internat. recommendations on child rights and family support **90%**
- Internat. National, Local NGO/National, Regional services **92%**

Medium

- Local services **70%**
- Stable bilateral collaboration **55%**
- Recognition of EBP use in services **45%**
- Professional training in EBP **65%**
- Cross-sectoral partial adoption of EBP **50%**

Advance

- Stable trilateral collaboration **15%**
- EBP guidelines fully adopted **20%**
- EBP Recognition in professional teams **20%**
- Cross-sectoral fully adoption of EBP **11.5%**
- Formal EBP exchanges **30%**

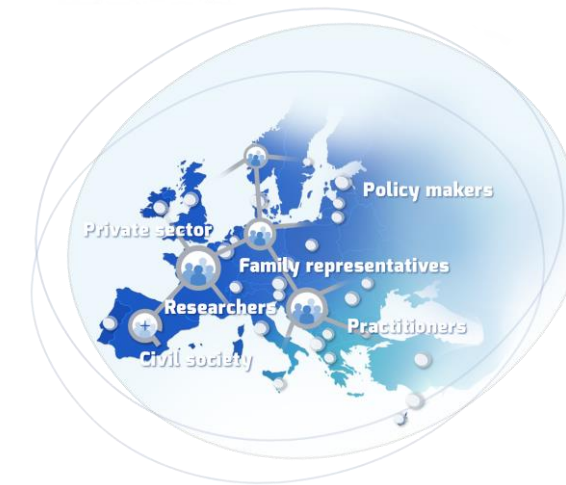




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Progression towards the EBP adoption



Great variability across countries in public spending on family benefits

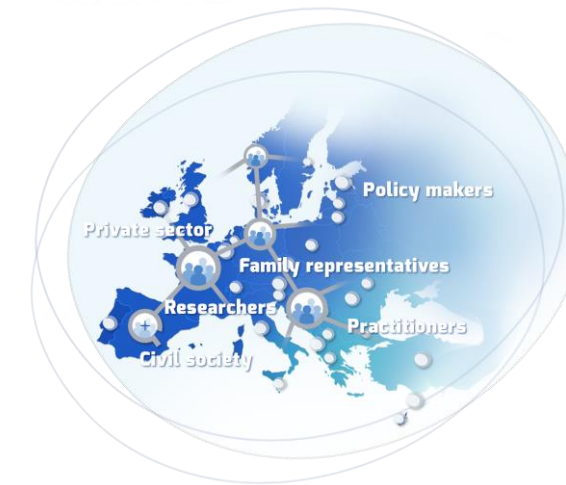


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Advances toward quality family support

- Establishment of trilateral collaborations at national level
- Provide services and social entities with interprofessional training and assessment tools to examine their quality against prevention and promotion quality standards
- Engage social, education, health, justice, and community sectors in the quality assurance process to facilitate collaborative work in the child and family support
- Promote the child and family participation and the awareness of the need to adopt EBP for quality assurance.



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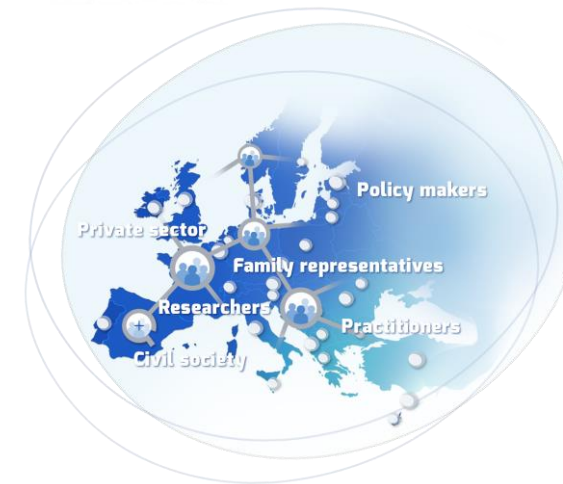
EUROPEAN FORUM ON FAMILY SUPPORT “CREATING AN AGENDA FOR 2030”

► Family support programmes and sound evaluation tools across Europe



Isabel M. Bernedo, Ana Almeida, Ninoslava Pecnik, Sonia Byrne, Lucía González-Pasarín, Orlanda Cruz, Ana Uka, Daiva Skuciene & Lina Sumskaitė

Elisabeth Stefanek, Gamze Er Vargün, Oriola Hamzallari, Rukiye Kızıltepe, Koraljka Modic, Nina Pecnik, Daiva Skuciene, Lina Sumskaite, Ana Uka & Georg Spiel



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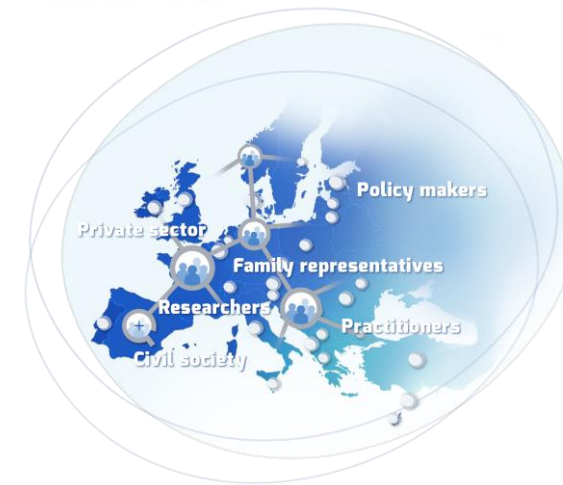
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Aims

To produce a catalogue of evidence-based European programmes

To produce a catalogue of sound evaluation tools





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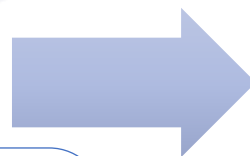
Instrument

Family support programme survey

Data collection: EurofamNet National Networks

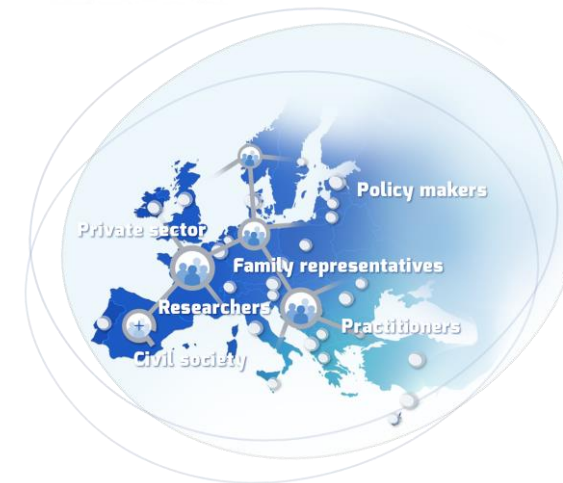
Inclusion criteria (all conditions)

- Authorship (original and/or adaptations)
- Theoretical background
- More than three sessions doses
- Written report of programme results available



Exclusion criteria (any condition)

- Organization who delivers the programme non identified
- Target population: adults unrelated to parenthood and family issues
- Unknown contents and programme methodology



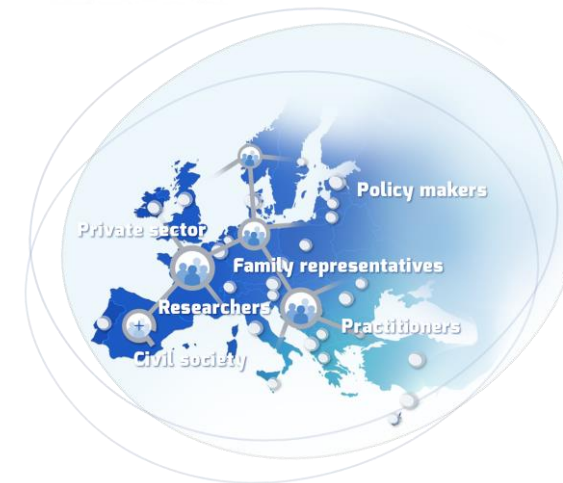
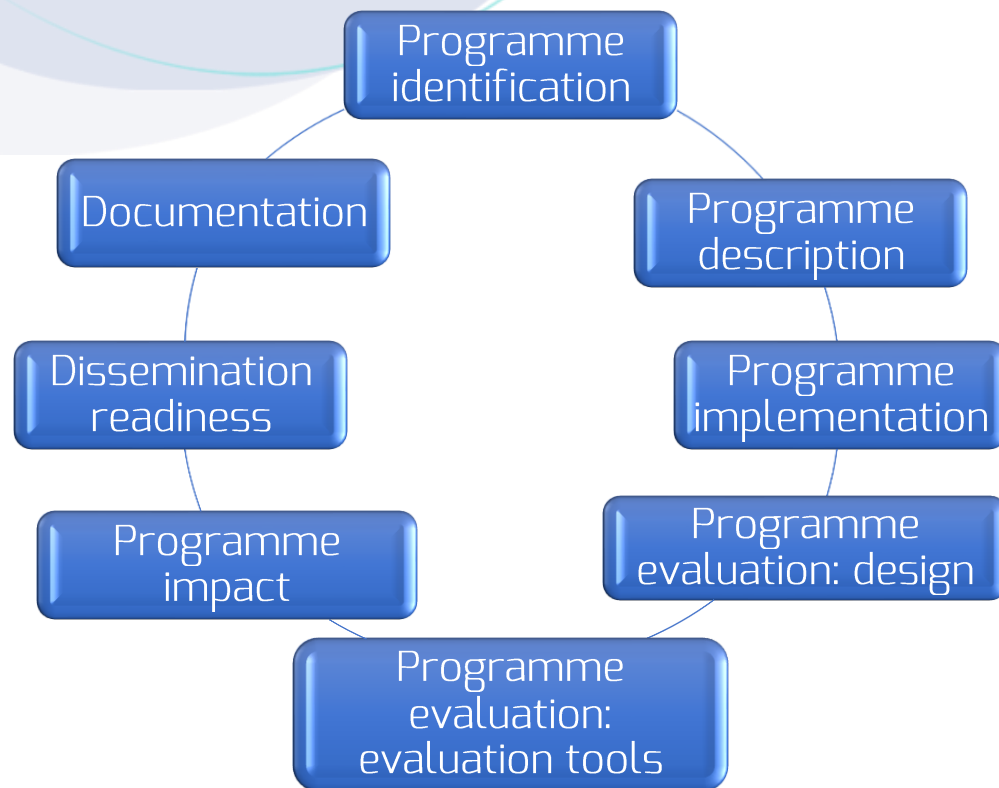


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Instrument

Family support programme survey



Catalogue of family support programmes



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Catalogue of family support programmes

Programme title

Language

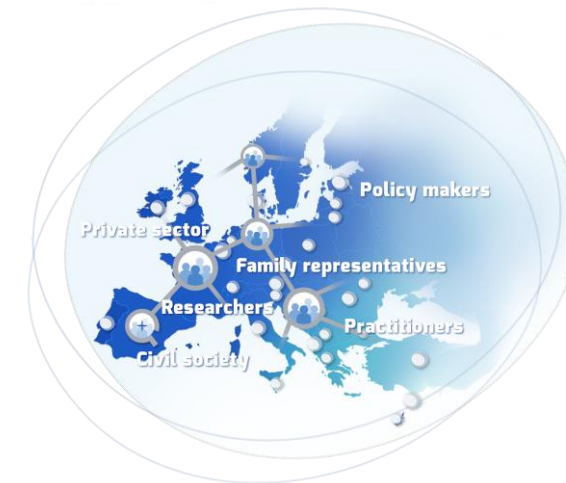
Operating domain

Target group

Target age of children

Target outcome

Mode of delivery



✓ 193 family support programmes

✓ 17 European countries

Austria, Albania, Croatia, Czech Republic, Italy, Latvia, Lithuania, Moldova, Netherlands, North Macedonia, Norway, Portugal, Romania, Serbia, Slovenia, Spain & Sweden



Catalogue of family support programmes



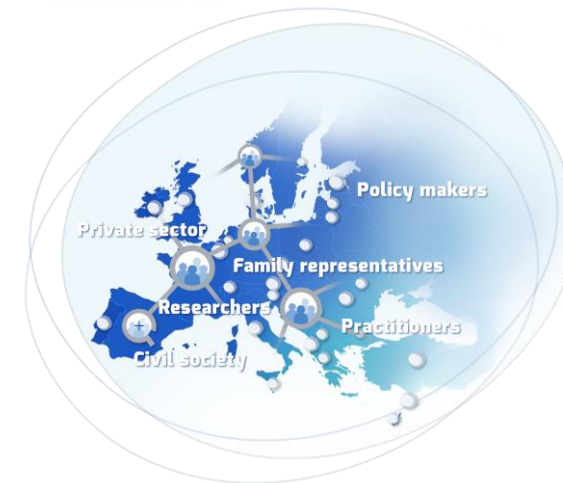
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Catalogue of family support programmes

17

Programme title	Language	Operating domain	Target group
<input type="text"/>	<div>- Any - - Any - Albanian Catalan Croatian Czech Dutch English French German Italian Latvian Lithuanian Portuguese Romanian Serbian Slovene Spanish Swedish</div>	<div>- Any -</div>	<div>- Any -</div>
Target age of children	Target group		
<div>- Any -</div>	<div>- Any -</div>		
Mode of delivery			
<div>- Any -</div>			
		<input type="button" value="Search"/>	<input type="button" value="Reset"/>



Catalogue of family support programmes



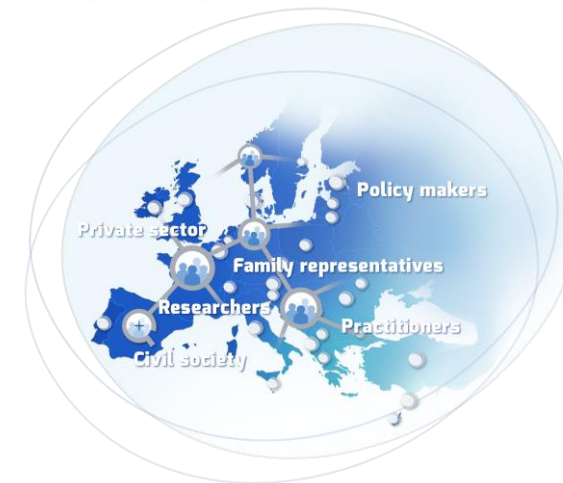
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Catalogue of family support programmes

11

Programme title	Language	Operating domain	Target group
<input type="text"/>	<input type="radio"/> - Any -	<input type="radio"/> - Any - Community Culture Education (School) Family Gender Health Inclusion Individual Leisure Other Sports	<input type="radio"/> - Any -
Target age of children	Target outcome		
<input type="radio"/> - Any -	<input type="radio"/> - Any -		
Mode of delivery			
<input type="radio"/> - Any -			
<input type="button" value="Search"/>			



Catalogue of family support programmes



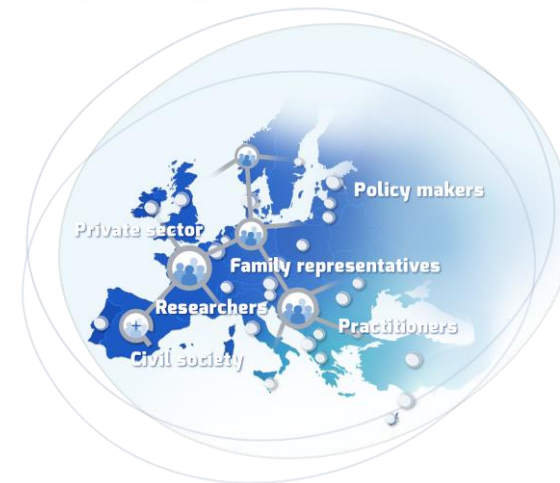
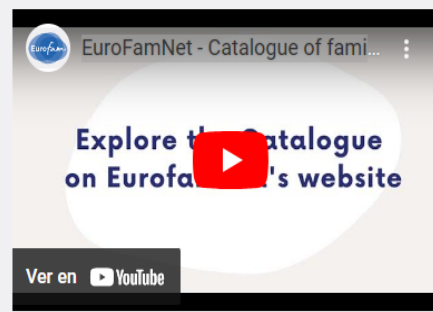
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Catalogue of family support programmes

6

Programme title	Language	Operating domain	Target group
<input type="text"/>	- Any -	- Any -	- Any -
Target age of children	Target outcome		
- Any -	- Any -		
Mode of delivery			
- Any -			
	Search	Reset	

- Any -
- Children
- Community
- Couple
- Family
- Other
- Parents



Catalogue of family support programmes

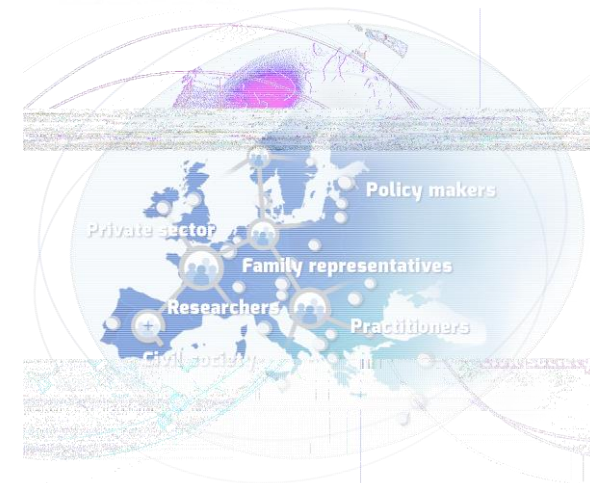


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Catalogue of family support programmes

4

Programme title	Language	Operating domain	Target group
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Target age of children	Target outcome		
<input type="text" value="- Any -"/>	<input type="text" value="- Any -"/>		
<input type="text" value="Adolescence (13-18)"/>	<input type="text"/>		
<input type="text" value="Early Childhood (0-5)"/>	<input type="text"/>		
<input type="text" value="Middle Childhood (6-9)"/>	<input type="text"/>		
<input type="text" value="Preadolescence (10-12)"/>	<input type="text"/>		
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Catalogue of family support programmes



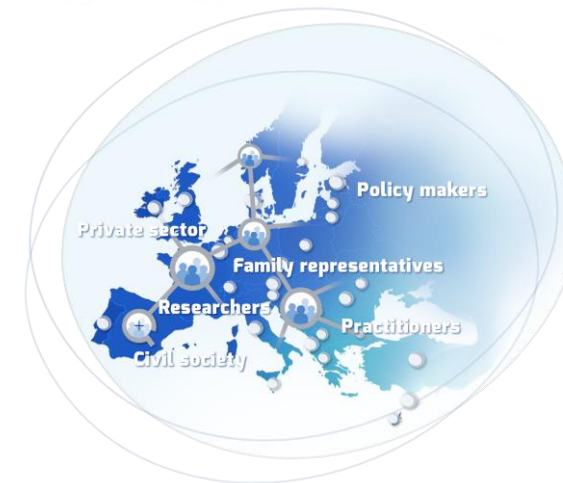
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Catalogue of family support programmes

Programme title	Language	Operating domain	Target group
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Target age of children	Target outcome		
<input type="text" value="- Any -"/>	<div><input type="text" value="- Any -"/><ul style="list-style-type: none">- Any -Adolescence competences promotionChild competences promotionCommunity developmentEducational skills and attainmentPhysical and emotional wellbeingPositive couple relationshipsPositive parenting promotionReducing adolescence behavioural problemsReducing adolescence delinquencyReducing adolescence substance useReducing child behavioural problemsReducing neglect or abusive parenting</div>		
Mode of delivery			
<input type="text" value="- Any -"/>			

12



Catalogue of family support programmes



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Catalogue of family support programmes

Programme title

Language

Operating domain

Target group

Target age of children

Target outcome

Mode of delivery

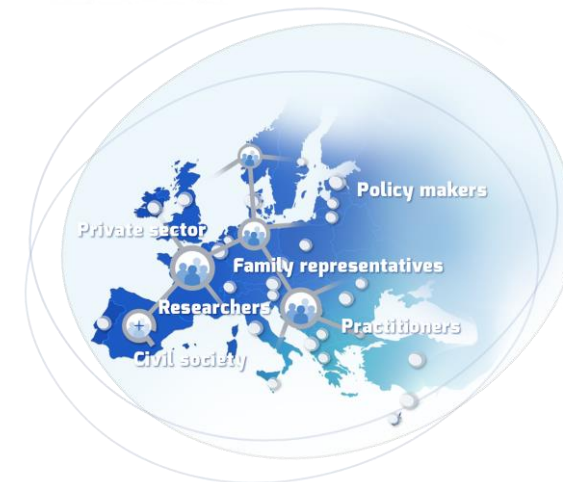
3

Face-to-face

Mixed (Online + face-to-face activities)

Online

Search Reset





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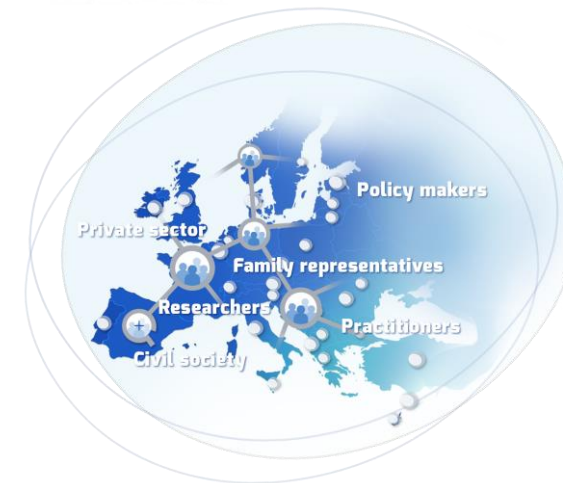
Catalogue of evaluation tools

Catalogue of evaluation tools

Name of the instrument	Original language	Target population	Child Measures / Outcomes	Parent Measures / Outcomes
<input type="text"/>	- Any -	- Any -	- Any -	- Any -
Couple and Families Measures / Outcomes	Community Measures / Outcomes	Programme Measures / Outcomes		
- Any -	- Any -	- Any -	<input type="button" value="Search"/> <input type="button" value="Reset"/>	

- ✓ 235 instruments
- ✓ Target population:

- Parents: 114 instruments
- Child: 62 instruments
- Couple & families: 18 instruments
- Community: 7 instruments
- Programme: 34 instruments





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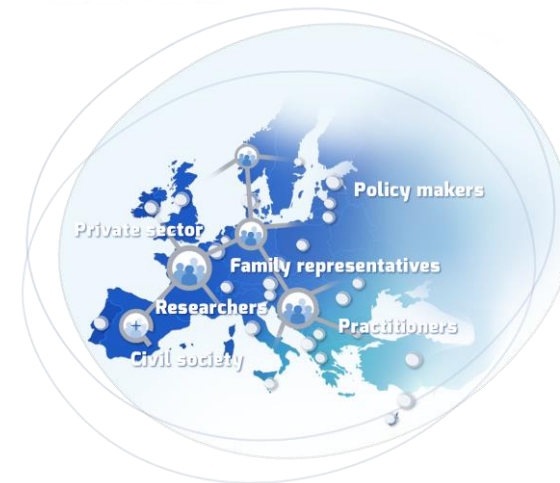
Catalogue of evaluation tools

Catalogue of evaluation tools

Search filters for the Catalogue of evaluation tools:

- Name of the instrument:
- Original language:
- Target population:
- Child Measures / Outcomes:
- Parent Measures / Outcomes:
- Couple and Families Measures:
- Community Measures / Outcomes:
- Program Measures / Outcomes:

Search button:





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Catalogue of evaluation tools

Catalogue of evaluation tools

Name of the instrument

Original language

Target population

Child Measures / Outcomes

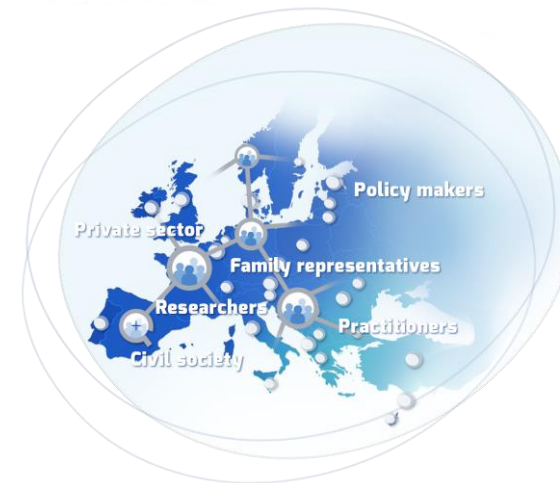
Parent Measures / Outcomes

Couple and Families Measures / Outcomes

Community Measures

Outcomes

Attachment
Behaviour (positive or negative)
Cognitive
Communication and conflict resolution
Educational skills and attainment
Emotional and social development
Others
Physical and mental health
Quality of life





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Catalogue of evaluation tools

Catalogue of evaluation tools

Name of the instrument	Original language	Target population	Child Measures / Outcomes	Parent Measures / Outcomes
<input type="text"/>	- Any -	- Any -	- Any -	- Any -
Couple and Families Measures / Outcomes	Community Measures / Outcomes	Program Measures / Outcomes		
- Any -	- Any -	- Any -		

- Any -

Attachment

Behaviour (positive or negative)

Co-parenting

Communication and conflict resolution

Knowledge, attitudes, beliefs, values

Mental health

Others

Parent-child interaction

Parental stress

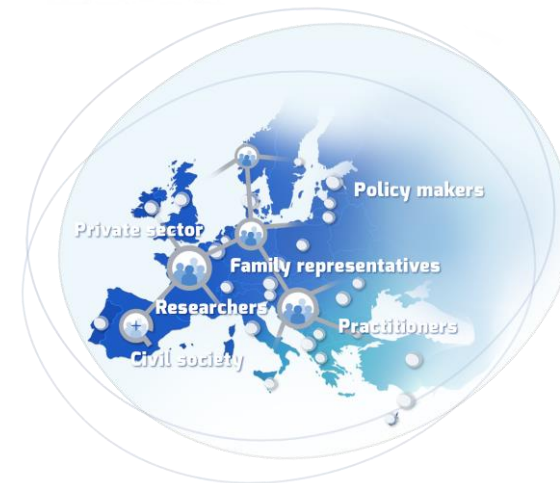
Parenting behavior (child rearing styles etc.)

Personality

Quality of life

Resilience and coping with stress

Self-efficacy in parenting tasks





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Catalogue of evaluation tools

Catalogue of evaluation tools

Name of the instrument

Original language

Target population

Child Measures / Outcomes

Parent Measures / Outcomes

Couple and Families Measures / Outcomes

Community Measures / Outcomes

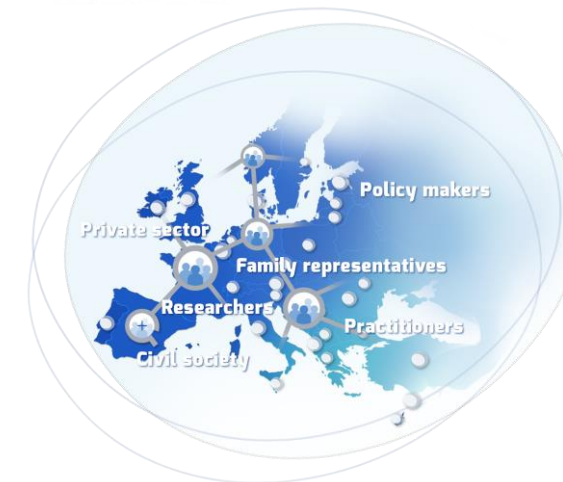
Program Measures / Outcomes

Affection, communication and conflict resolution

Co-parenting; couple relationships

Family climate

Others





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Catalogue of evaluation tools

Catalogue of evaluation tools

Name of the instrument

Original language

Target population

Child Measures / Outcomes

Parent Measures / Outcomes

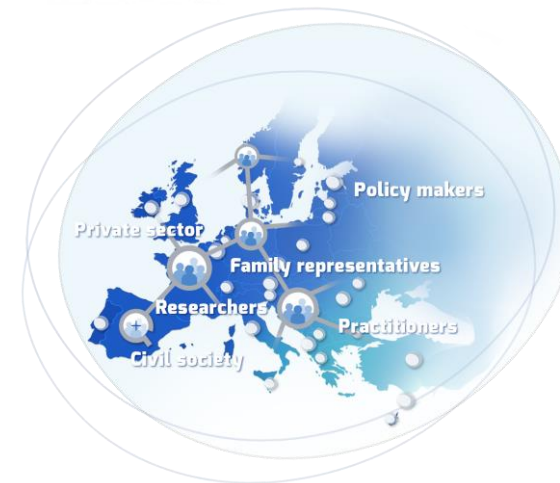
Couple and Families Measures / Outcomes

Community Measures / Outcomes

Program Measures / Outcomes

Original language: English

- Any -
- Community needs assessment
- Ethnic issues
- Identity and intergroup relationships
- Integration
- Others
- Participation in community resources
- Supportive network





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Catalogue of evaluation tools

Catalogue of evaluation tools

Name of the instrument

Original language

Target population

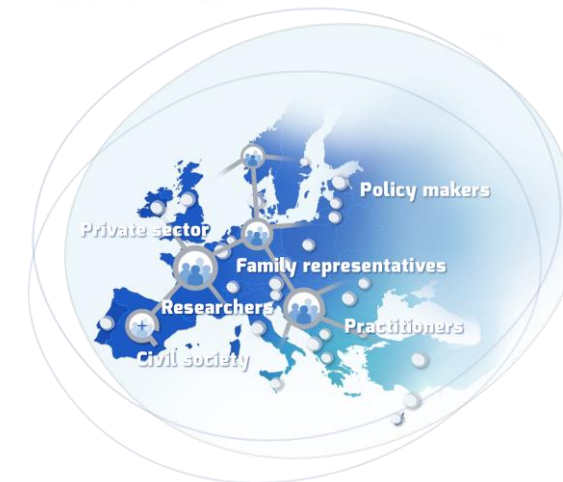
Child Measures / Outcomes

Parent Measures / Outcomes

Couple and Families Measures / Outcomes

Community Measures / Outcomes

Program Measures / Outcomes

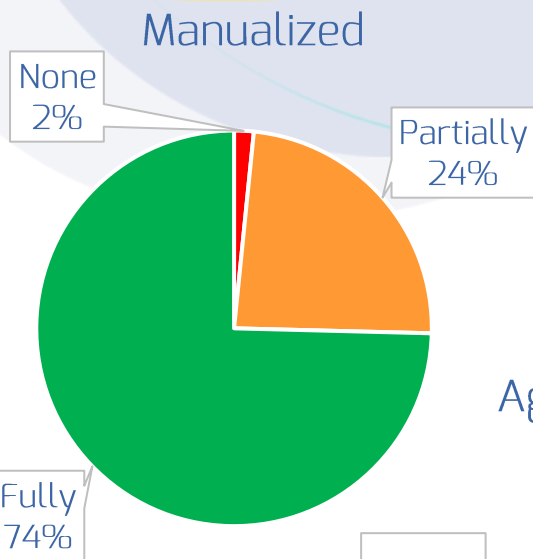




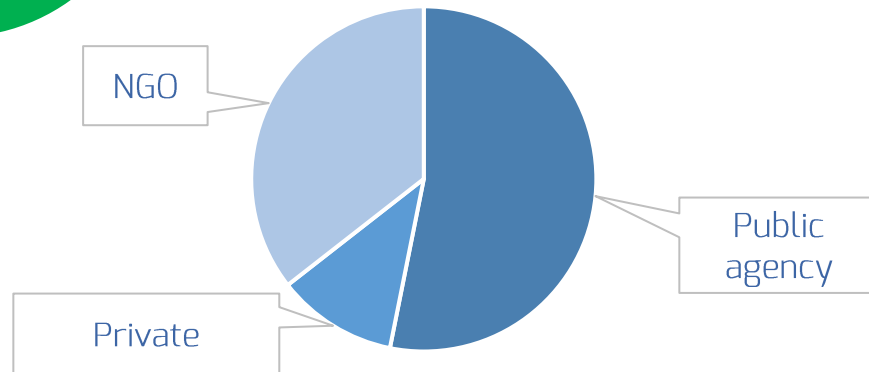
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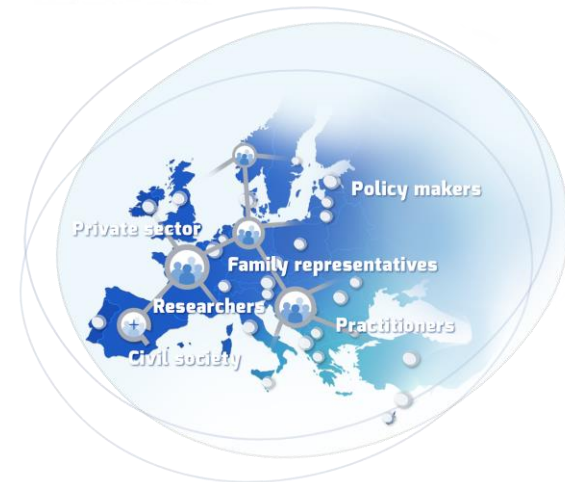
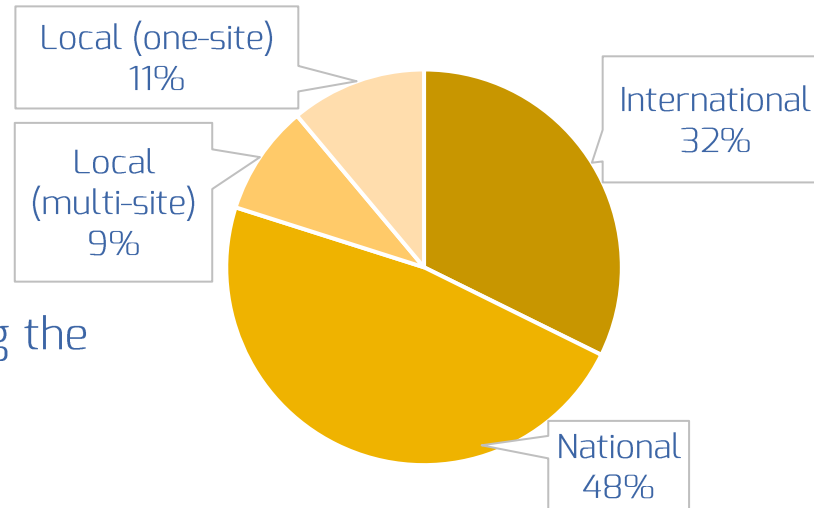
Results: description



Agency delivering the programme



Programme scope

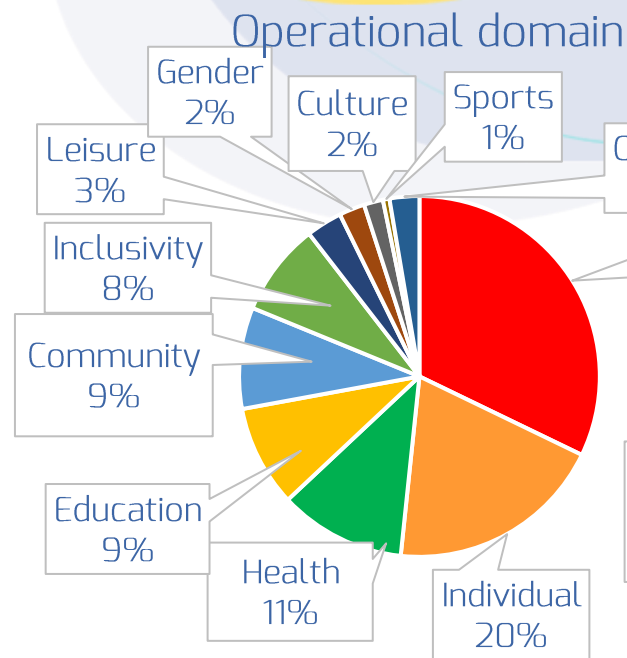




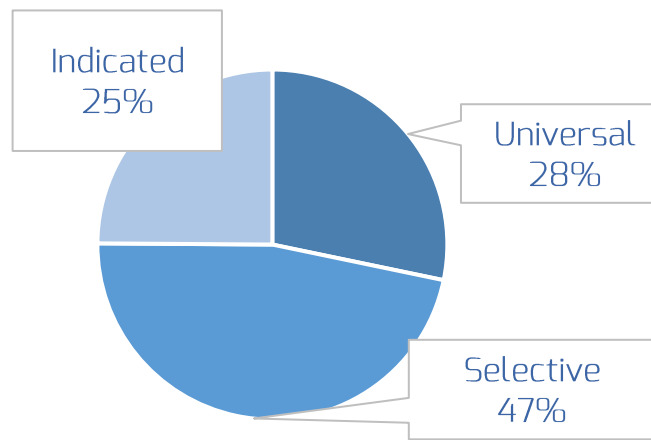
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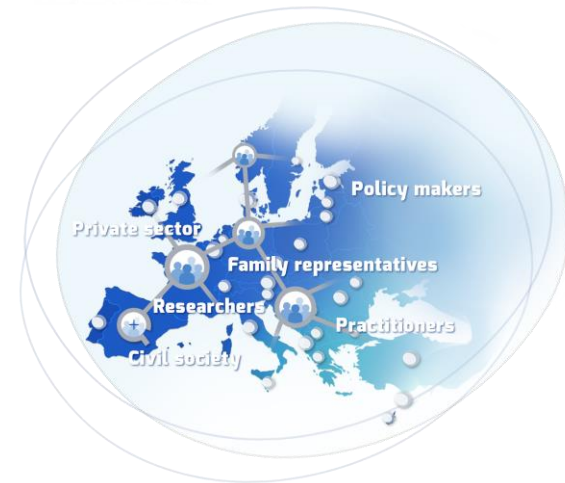
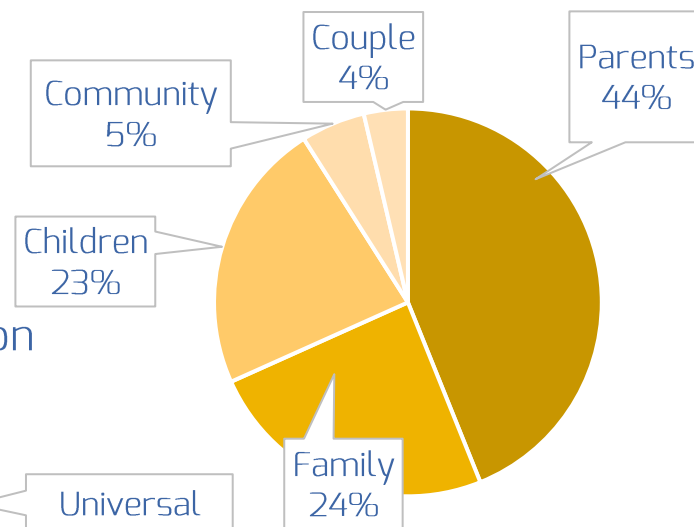
Results: operational aspects



Target population



Target group

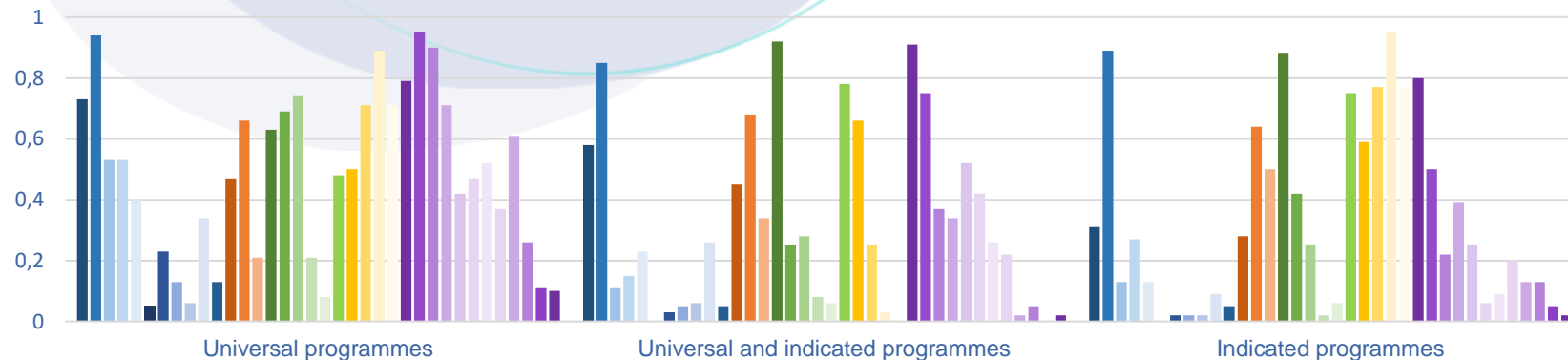




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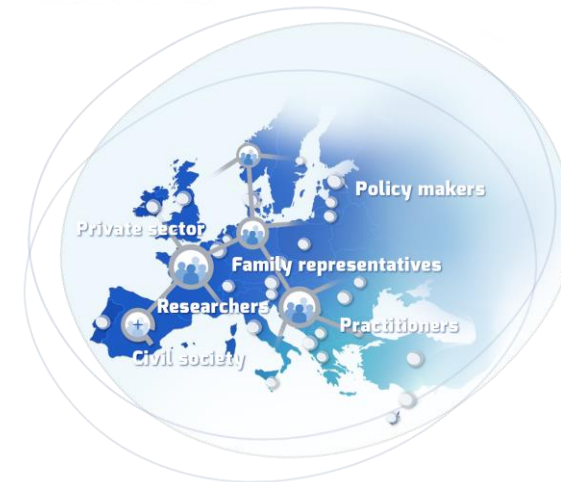


Evidence-based programmes in family support



cost
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the European Union



- Operation domain Individual
- Operation domain Community
- Operation domain Culture
- Target population Selective (at-risk)
- Target group Children
- Target age of children Early childhood
- Target outcomes Promoting positive parenting
- Target outcomes Reducing neglect or abusive parenting
- Target outcomes Promoting adolescent competences
- Operation domain Family
- Operation domain Sports
- Operation domain Inclusion
- Target population Indicated (Sub-clinical)
- Target group Community
- Target age of children Middle childhood
- Target outcomes Physical and emotional wellbeing
- Target outcomes Educational skills and attainment
- Target outcomes Reducing adolescence substance use
- Operation domain Education
- Operation domain Leisure
- Operation domain Other
- Target group Parents (father/mother figures)
- Target group Couple
- Target age of children Preadolescence
- Target outcomes Promoting child competences
- Target outcomes Community development
- Target outcomes Reducing adolescence behavioural problems
- Operation domain Health
- Operation domain Gender
- Target population Universal (unselected)
- Target group Family
- Target group Other
- Target age of children Adolescence
- Target outcomes Reducing child behavioural problems
- Target outcomes Positive couple relationships
- Target outcomes Reducing adolescence delinquency



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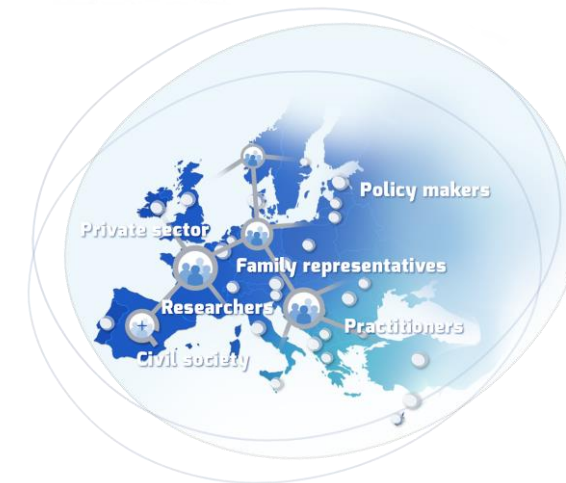


EUROPEAN FORUM ON FAMILY SUPPORT “CREATING AN AGENDA FOR 2030”

► The use of Information and Communication Technologies in family support across Europe: A narrative review



Ana Catarina Canário, Sonia Byrne, Nicole Creasey Eliška Kodyšová, Burcu Kömürcü Akik, Aleksandra Lewandowska-Walter, Koraljka Modić, Ninoslava Pećnik, & Patty Leijten



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Online family support and children's health and wellbeing



International Journal of
*Environmental Research
and Public Health*



Review

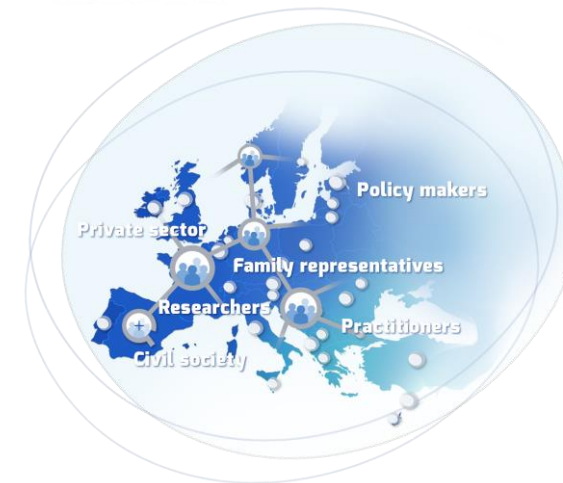
The Use of Information and Communication Technologies in Family Support across Europe: A Narrative Review

Ana Catarina Canário ^{1,*}, Sonia Byrne ^{2,†}, Nicole Creasey ^{3,†}, Eliška Kodyšová ^{4,†}, Burcu Kömürcü Akik ^{5,†}, Aleksandra Lewandowska-Walter ^{6,†}, Koraljka Modić Stanke ^{7,†}, Ninoslava Pečnik ^{7,†} and Patty Leijten ³



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EUROPEAN COOPERATION
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**Funded by
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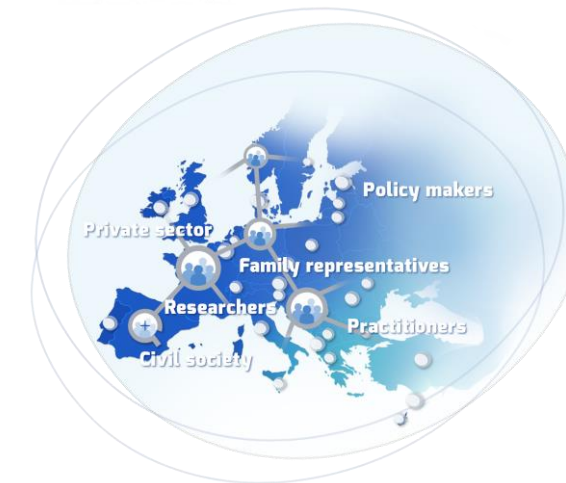


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Introduction

- The Covid-19 pandemic has accelerated the provision of family support online (Sullivan et al., 2021)
- The merit of ICT in family support has been studied for several decades (Wade et al., 2020)
- The most frequently studied type of support are programs to improve parenting practices and reduce child mental health problems



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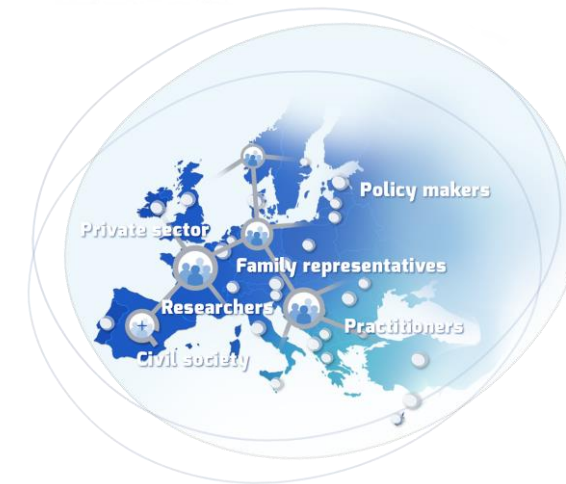
The use of ICT in family support across Europe: A narrative review

Objective

- To illustrate how ICT is used in family support across Europe

Method

1. Within the Action: Examples provided by WG3 participants (i.e., researchers and stakeholders)
2. Outside the Action: Searches in scientific and grey literature, general search engines, and social media websites



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Ways in which ICT is being used in family support: professional-led support

Psychoeducational websites and Apps

- Provide information on child development and family support

Website



Social Media



App



Self-directed online parenting programs

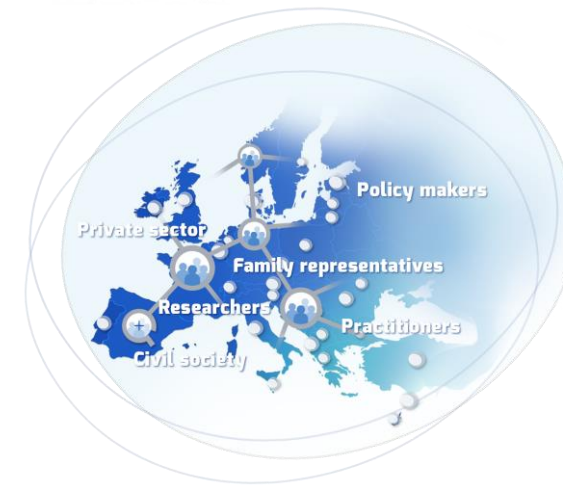
- Written materials, videos, and assignments

Examples: Comet (Sweden), Family Doesn't End with a Breakup (Czech Republic)

Support through video call

- Programs are digitally delivered to parents in their homes

Examples: Triple P (Portugal), Growing up together (Croatia)



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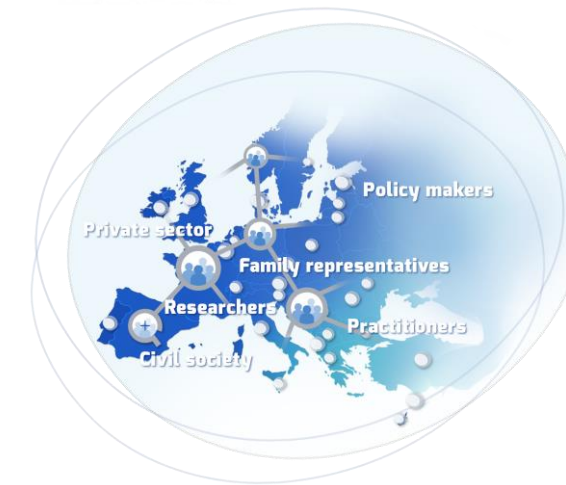


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Ways in which ICT is being used in family support: peer-led support

- Online peer-to-peer support is a form of support in which users can obtain information and support that is important to them, and provide assistance to other users
- Popular examples of peer-led groups that offer support to families include Facebook/Instagram groups and instant messaging groups (e.g., WhatsApp or Telegram groups)



Implications for practice and policy-making



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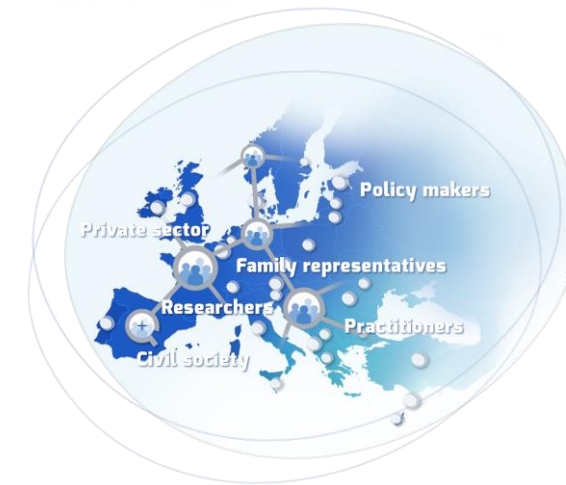
Implications for practice

Using ICT in family support has multiple advantages:

- Flexible scheduling
- Enhanced accessibility

Implications for policy-making

Benefits in the use of ICT include the potential to reach more families, especially when combined with national developments to increase families' access to devices and internet



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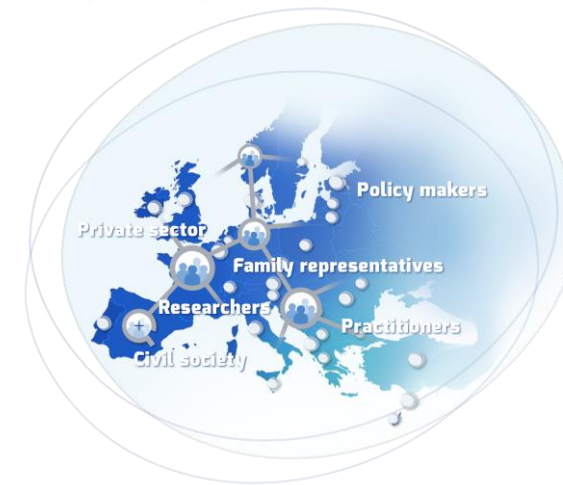
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► Actions to develop, enhance and quality assure EurofamNet work

 Quality standards and evidence-based programmes working group





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Main actions

Workshop with stakeholders
“Bridging quality standards for evaluation with profesional practice”

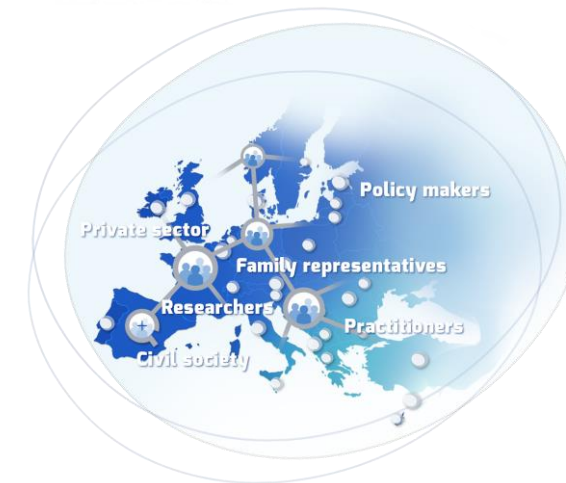
- ✓ Policy implications
- ✓ Practical implications
- ✓ Challenges

<https://eurofamnet.eu/activities/workshops>

Training school
“How do we generate evidence in family/parenting support?”

- ✓ Poster sessions
- ✓ Lectures
- ✓ Group discussion

<https://eurofamnet.eu/toolbox/wg3/training-school-practice-resources>



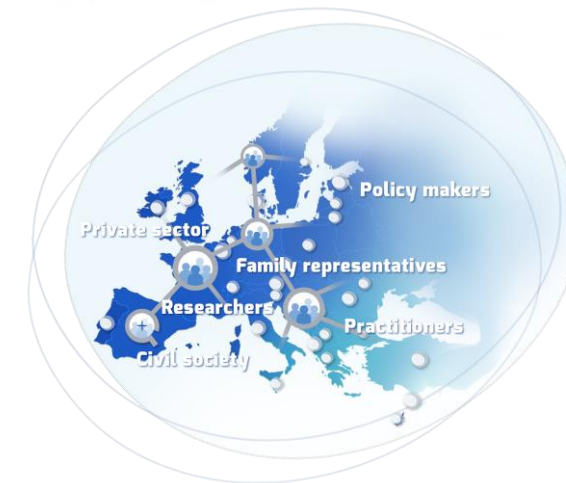


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► Advancing quality standards and evidence-based practice with families in Europe



Cecile Winkelman,
Director of Families Foundation

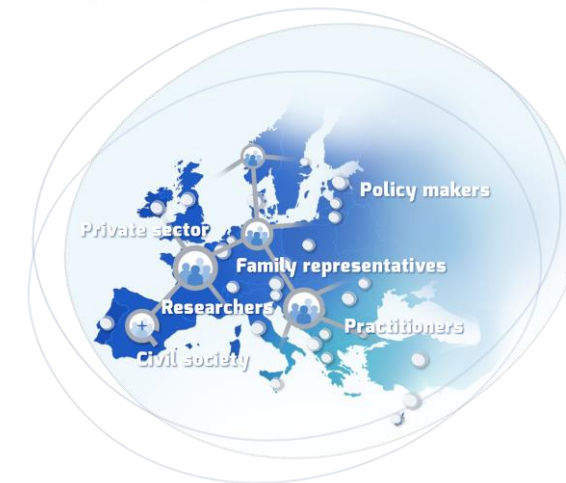


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EUROPEAN FORUM ON FAMILY SUPPORT "CREATING AN AGENDA FOR 2030"

► **Advancing quality standards and evidence-based practice with families in Europe**



Session performance

PONTE Association

Mercedes García & Pepa Torvisco



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