Positive parenting and Family Support in Spain: initiatives during the COVID-19

Spanish Federation of Municipalities and Provinces (2021)

Initiatives

1) Measures at the local level: Local Administrations

- 2) Minimum Living Income: National Administration
- 3) The voices of the families (survey about families and COVID-19)

4) Collaboration FEMP-Ministry of Social Rights and 2030 Agenda

Measures at the local level

 Emergency aid focused in situations of vulnerability. During the COVID-19 emergency, this kind of help was very important to work in situations of need related to child poverty.

- Implementation of specific aid in the following fields:
 - Dining scholarship initiatives.
 - Technological support for online teaching.
- Adaptation of services for families and children: prevention measures due to COVID 19.

The Minimun Living Income (IMV)

- "The Minimum Living Income is a benefit aimed at preventing the risk of poverty and social exclusion of people living alone or who are part of a cohabitation unit and lacking the basic economic resources to meet their basic needs.
- It is defined as a subjective right to an economic benefit, which is part of the protective action of the Social Security, and guarantees a minimum level of income for people in a situation of economic vulnerability. It seeks to ensure a real improvement in opportunities for social and employment inclusion for the recipients.
- It operates as a protection network aimed at allowing transit from a situation of exclusion to participation in society (...)".

Source: https://www.seg-social.es

The Minimun Living Income (IMV)

- The Minimum Living Income is an essential step to guarantee the necessary income for families in vulnerable situations.
- Allows a response in the national framework. It's a deep social measure to face the crisis.

 Nowadays, the Minimum Living Income is been implemented in all the territory. The are different difficulties (lack of coordination, bureaucracy), but it's necessary to highlight that this policy represents a crucial item for a lot of families.

The pandemic has forced us to contemplate and rethink the multiple scenarios of family life to receive the appropriate differential support if necessary.

As a result of this exercise of facing challenges and difficulties, positive learning has also been derived. The families shared the importance of the following values and strengths that have identified after these times:

- The value of family, the importance of maintain a healthy family relationship and their ability to overcome challenges together.
- The relevance of resilience in order to face adversity and the ability of families to learn and adapt to new changing demands.
- The existence of a public health system has allowed us to have a protective belt in these difficult times.

- The arrival of teleworking as a new tool to improve personal, family and work conciliation.
- The value of communication and collaboration between families and professionals and their support provided.
- The value of the social and community support network, being able to participate both to receive and to offer help and resources in society.

- Family diversity is also reflected in the support needs that families have experienced during the pandemic. Listening to the families, it is possible to highlight the following needs:
 - (1) the need to have the *computer equipment* to face both the demands of distance education for their sons and daughters, and also the need to establish virtual contacts with the support network;
 - (2) the need for *emotional support* to cope with anxiety, stress, burden, or grief over the loss of a loved one;

- (3) the need for the conciliation of personal, family and work-life; and finally,
- (4) the need for *specific support for families with intellectual disabilities* by adapted measures to the new situation that would allow not to lose the skills and competences acquired so far.

Collaboration FEMP-Ministry of Social Rights in Positive Parenting

- The collaboration between FEMP and the Ministry of Social Rights regarding positive parenting started in **2009**.
- In 2010, were elaborated different documents to approach the concepts of positive parenting to the reality of Spanish Local Administrations.
- After this first approach, the collaboration between FEMP and the Ministry of Social Righths has been focused in to integrate the positive parenting in the local policies for support families.

Collaboration FEMP-Ministry of Health in Positive Parenting

As a result of this collaboration, we have two tools that want to be keys references:

- The on-line platform Familias en Positivo (familiasenpositivo.es) is an space of information and exchange for the families and for the Local Governments
- The Best Practice Guide for Positive Parenting want to be a resource for practitioners working with families.











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Familias en Positivo es una plataforma on-line impulsada por el Ministerio de Sanidad, Consumo y Bienestar Social y la Federación Española de Municipios y Provincias que tiene por fin promover el ejercicio positivo de la parentalidad y reforzar el apoyo a la parentalidad positiva en las políticas y servicios públicos de los Gobiernos Locales y en el tejido asociativo.

Novedades

(i) familiasenpositivo.org

OTORGADOS LOS PRIMEROS Reconocimientos a la Promoción de la Parentalidad Positiva

04-12-2018

Con el Reconocimiento a la Promoción de la Parentalidad Positiva se pretende incentivar la labor de aquellos servicios, programas o recursos que hayan emprendido un proceso de reflexión para...

Monográfico

El Ministerio de Sanidad, Consumo y Bienestar Social en el marco de colaboración con la Federación Española de Municipios y Provincias publica la Guía de Buenas Prácticas en su versión en inglés con el objetivo de contribuir a la difusión y al desarrollo de los principios de parentalidad positiva en el ámbito internacional.



Políticas Familiares: Buenas Prácticas en Europa











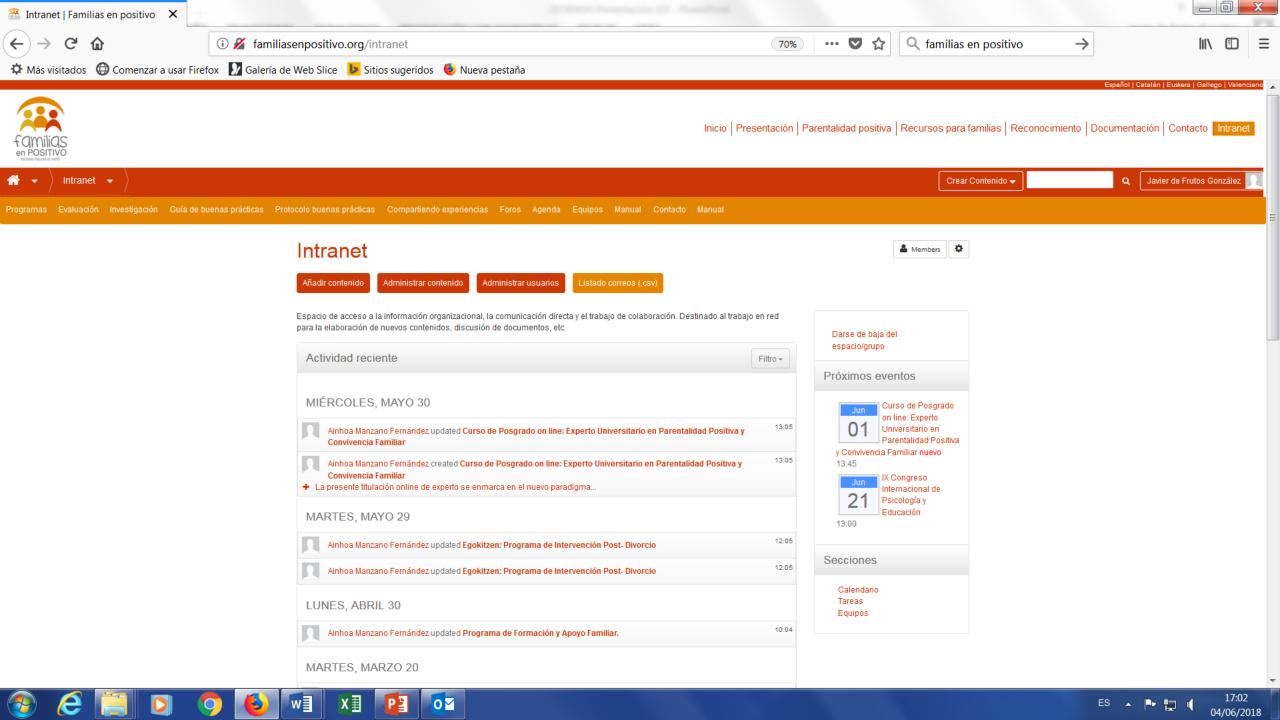




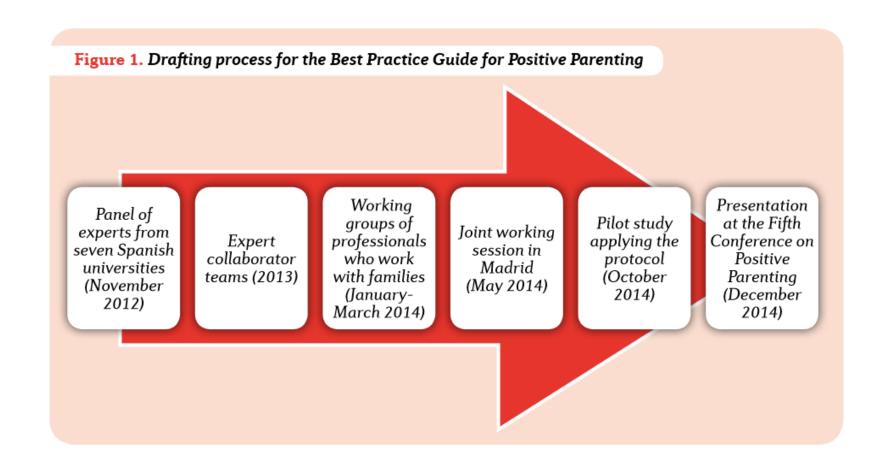








Collaboration FEMP-Ministry of Health in Positive Parenting



Collaboration FEMP-Ministry of Health in Positive Parenting

Inset 3. Characteristics of best professional practice

- It permits a comprehensive view of individuals and their relational context, including potentials and strengths.
- It is suited to families and their situations.
- It is in line with professional values and ethics.
- It provides positive results for a specific objective.
- It is innovative in the given context, whether in the process or the result.
- It has a reproducible effect and can be transferred to other areas.
- It is sustainable within a service.
- It empowers families, professionals and the community.
- It is suited to the service's economic, legal and organisational context.
- It has an impact on other services.
- It has an impact on family policies.

The initiative for the application of the Protocol

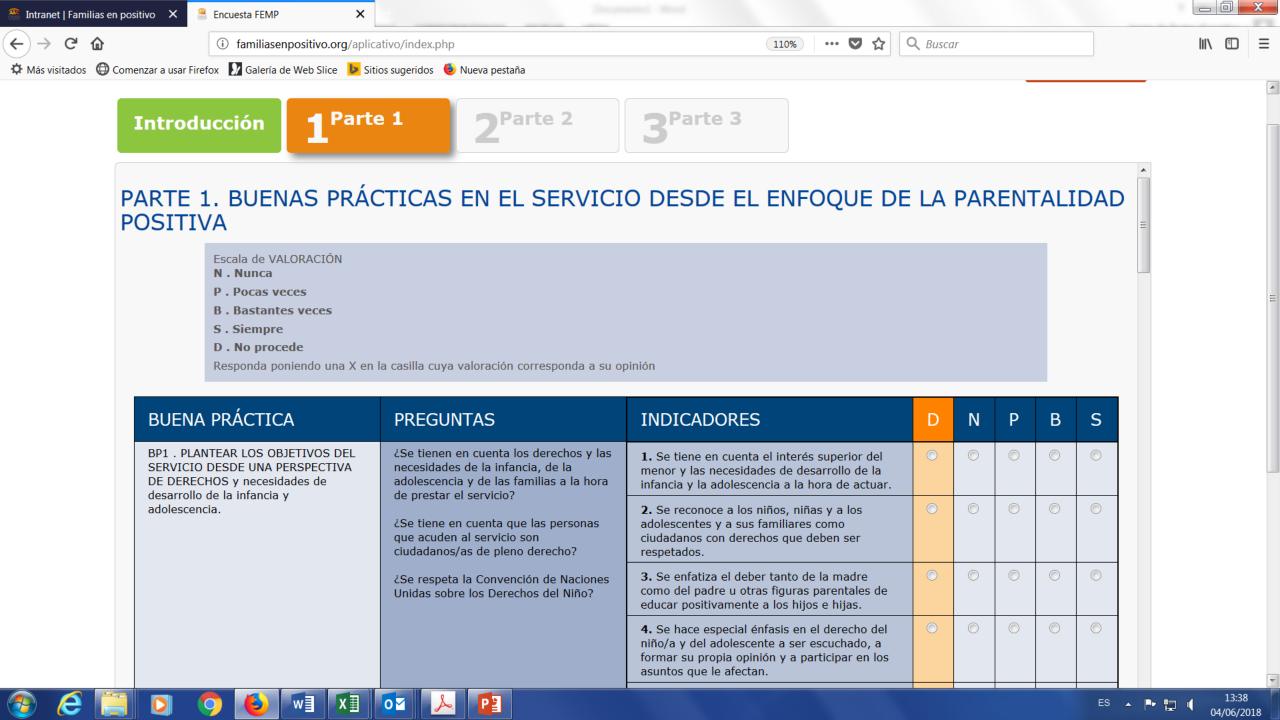
- The application of the **Best Practices Protocol** (as a tool to evaluate a service or a program) requires, directly or indirectly, the involvement of all those individuals who are involved in the service and is based in their knowledge and experience.
- The Protocol does not attempt to evaluate the competences of a single professional in particular, but rather aims to find ways to support the advancement of an entire service and its professionals.

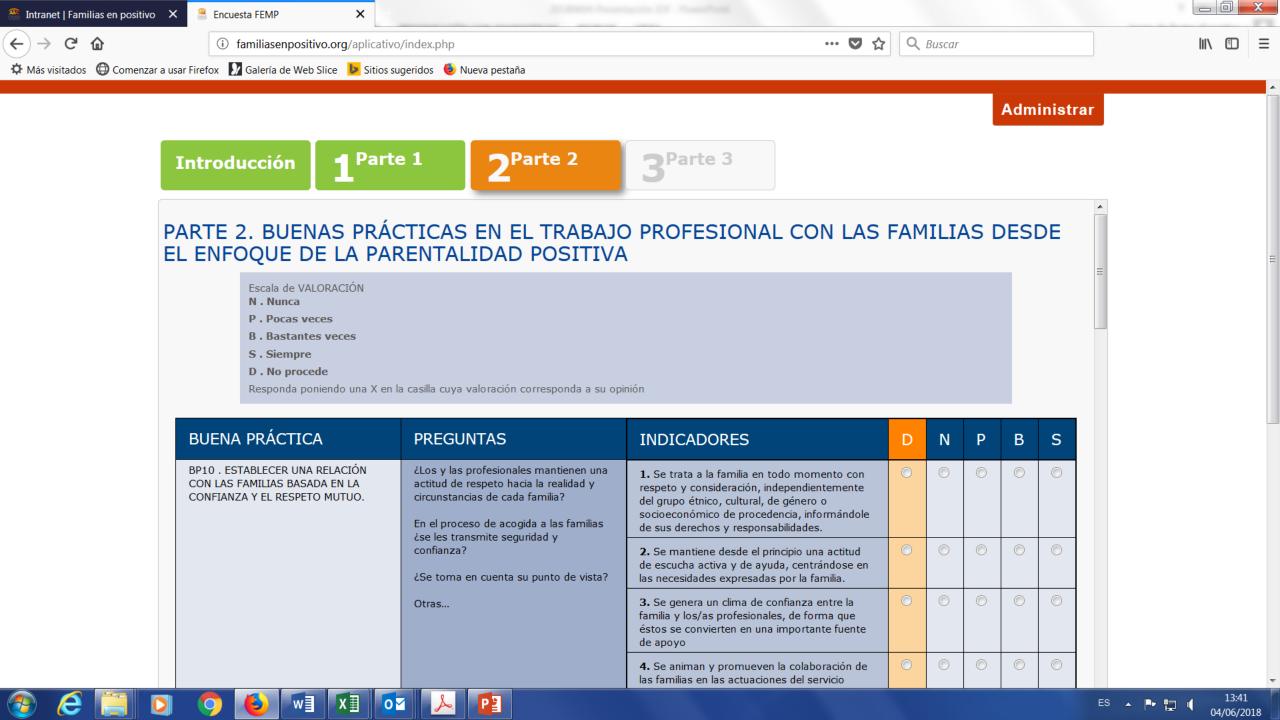
Source: Best Practice Guide for Positive Parenting (FEMP-MSSSI, 2015).

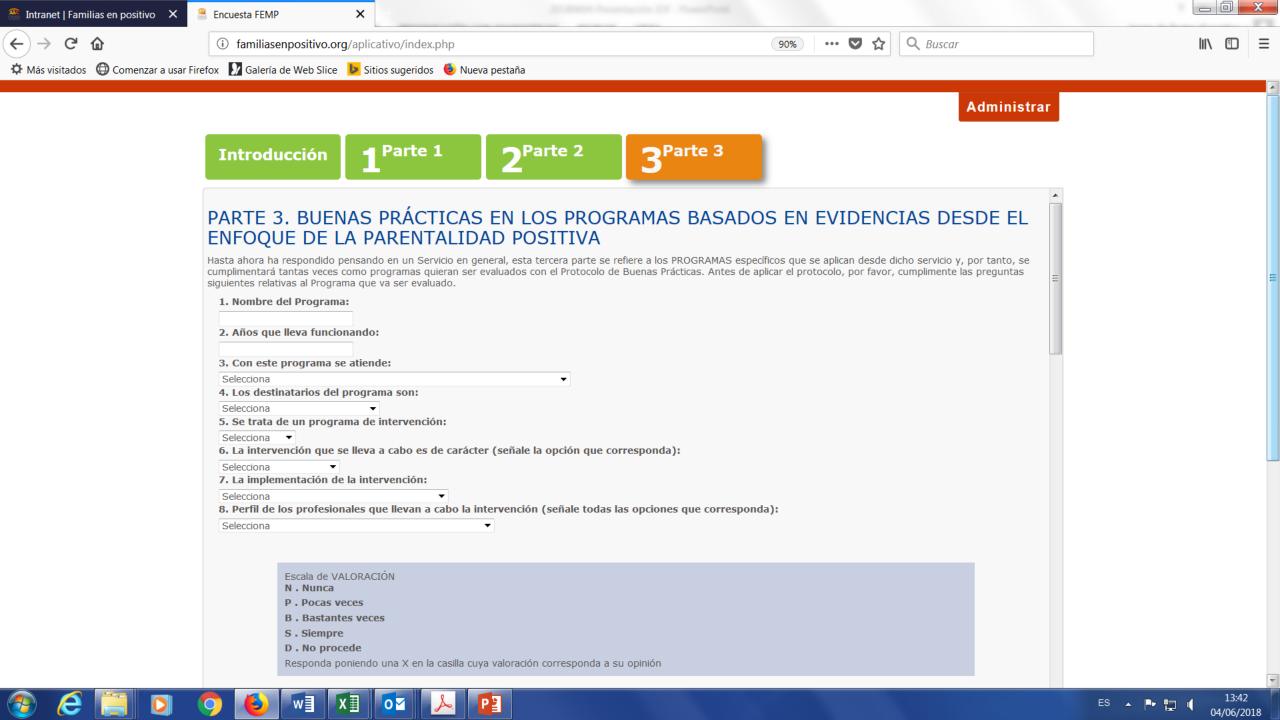
The initiative for the application of the Protocol

- **The first task** is to recognise and strengthen the presence in the service of those best practices and indicators that were determined to be fulfilled in the application of the Protocol, to ensure they will be maintained.
- **The second task** is to develop on improvement plan addressing those best practices and indicators where new questions arose and/or which did not receive positive assessments.

Source: Best Practice Guide for Positive Parenting (FEMP-MSSSI, 2015).







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