

# IG18123 – A quality assurance protocol for family support services in Europe: An evidence-based and culturally informed model for professional practice

## QA[4]EuroFam

# CIG IG18123 Training School "Family support and research for social impact"

Faro (Portugal), 2024 July 4th and 5th









The next EurofamNet Training School on family support and research for social impact within the framework of the Cost Innovators Grant (CIG IG18123) will take place at the Faculty of Human and Social Sciences (Ed. 1) in Gambelas Campus of the University of Algarve, located 6 kms from Faro, 5 kms from the beach and 3.5 kms from the airport.



# Transfers from Faro International Airport to Faro city and to University of Algarve

#### Public Transport:

There is very limited public transport from Faro airport to Faro city. There is a single bus service ( $\in 2.35$  adult) that departs every 30-40 minutes between 6am and midnight.

This bus (route 16) terminates at the Proximo bus station, and is next to the intercity bus station or 200m from the train station.

The bus PROXIMO (Route 18) connects Faro central station (next to Hotel Eva) with the Gambelas campus of University of Algarve.

#### Taxi Service:

A taxi from the airport to Faro is a more convenient and faster option, costing €15-20. Uber operates in the Algarve, but there can be high demand during the summer months. The price for a private transfer (with a driver waiting at the airport for you) to Faro, is from €25



https://www.farocentraltaxis.com/en/ https://www.faro-airport-taxis.com/

#### Getting to the meeting venue

The meeting venue is the Faculty of Human and Social Sciences, University of Algarve (UAlg), Gambelas Campus (GPS: 37°02'34.9"N 7°58'15.6"W), situated in located 6 kms from Faro and 3.5 kms from the airport. Participants arriving with a taxi or bus are to enter the building 1 (Edifício 1). More info on how to reach the UAlg can be accessed <u>here</u>.

#### Programme

Thursday 4 <sup>th</sup> July			
8.30h	Registration & Welcome	Registration desk	
9.00h	Welcome and Opening ceremony	Lucía Jiménez & John Canavan. EurofamNet Chair and Vice Chair, University of Seville, University of Galway Cristina Nunes. Local Organiser, University of Algarve	
9.30h	A Quality Assurance Protocol for Family Support Services in Europe	Lucía Jiménez & María José Rodrigo. University of Seville, University of La Laguna	
10.30	Coffee break		
11.00h	Policy briefs and European Guidelines. Social impact of applied research at national and European level	John Canavan & David Herrera. University of Galway, University of Malaga	
11.45h	Group discussion and individual consultations on <i>Quality Family Support</i>	María José Rodrigo. <i>University of La Laguna</i> Cristina Nunes. <i>University of Algarve</i> Lucía Jiménez. <i>University of Seville</i>	
13.00h	Lunch time		
14.15h	Consensus methods in family support research	Cristina Nunes & Cátia Martins. University of Algarve	
15.15h	Coffee break		



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16.00h _ 17.30h	Trainees Presentations: "What I have done or am planning to do to generate social impact with my research"	Forum: Space for presentation, feedback, debate and learning
19:00	Training school dinner	

Friday 5 <sup>th</sup> July			
9.00h	Quality Assurance in Family Support. A policy & practice view	To be confirmed	
10:00h	Alternative languages to generate social impact	David Herrera. University of Malaga	
10.45h	Coffee break		
11.15h	Trainees Presentations: "What I have done or am planning to do to generate social impact with my research"	Forum: Space for presentation, feedback, debate and learning	
12.45h	Closure		
13.00h	Lunch time		

#### Logistics

The meeting room is equipped with <u>WIFI</u>. Attendees who are on Eduroam can access automatically, for those who are not, the password will be provided at the meeting venue.

<u>Coffee breaks</u> will be served at the conference venue.

Lunch will be served in the premises of the University (**Restaurante Universitário**, 1<sup>st</sup> floor Building 6, <u>https://www.ualg.pt/en/bars-canteens-and-</u><u>restaurants</u>). It is proposed to have launch together, **although each participant will pay for their own lunch as part of the daily allowance rate provided by COST**. Lunch cost is approximately 10€. Also, there are several nice cafés and restaurants within walking distance (less than 5 minutes walk from the faculty), for instance, Art Café, Bistro Café, San Remo Restaurant.



On the evening of the 4<sup>th</sup>, our Local Organiser will provide a <u>city tour of Faro</u>.

On the evening of the 4<sup>th</sup> July, there will be a joint dinner for all the meeting participants that want to attend. A restaurant will be booked by the Local Organiser. Dinner cost is approximately 40-50€. Each participant will pay for their own dinner as part of the daily allowance rate provided by COST.

Either for lunch and dinner, attendance will need to be confirmed in advance when requested and will be paid at the time of registration.

According to COST rules, the <u>daily allowance rate</u> for Portugal is 195 euros. That rate is aimed to cover accommodation, lunches, dinners and local transport (see further information at the Daily Allowance Table: <u>https://www.cost.eu/uploads/2022/04/2022\_Daily-allowance-table.pdf</u>).

Please be aware that <u>cancellation insurance fees</u> are eligible to be reimbursed and COST recommends to buy them. <u>Travelling derogations</u> are also covered by COST. See further information at the Travel Reimbursment Rules of the COST Annotated Rules, pages 84-90: <u>https://www.cost.eu/uploads/2022/12/COST-094-21-Annotated-Rules-for-COST-Actions-Level-C-V1.3.pdf</u>.

## Suggested Accommodation

Due to the high demand and influx of tourists expected for the planned date, it is recommended to book accommodation as early as possible.

The following are situated in the city center:

AP Eva Senses Av. da República 1, 8000-078 Faro, Portugal Contact: +351 289 540 154 Email: book.eva@ap-hotelsresorts.com Single room: @ Eur 180.00 per night on bed & breakfast included Double room: @ Eur 189.00 per night on bed & breakfast included

Hotel Faro & Beach Club Praça Dom Francisco Gomes 2, 8000-168 Faro, Portugal Contact: +351 289 830 830 Single room: Not available at the time of enquiry Double room: @ Eur 212.50 per night on bed & breakfast included

Best Western Hotel Dom Bernardo Rua General Teofilo Da Trindade 20, Rnet Number 750, 8000-356 Faro, Portugal Contact: +351 289 889 800



Single room: Not available at the time of enquiry Double room: @ Eur 129 per night on bed. Breakfast 9 euros

Stay Hotel Faro Centro R. de Portugal 17, 8000-281 Faro, Portugal Contact: +351 289 898 080 Single room: @ Eur 121.50 per night on bed. Breakfast 12.50 euros Double room: @ Eur 121.50 per night on bed. Breakfast 12.50 euros

#### **Roots Hotel**

R. Francisco Barreto 32 34, 8000-344 Faro, Portugal Contact: +351 289 822 283; +351 967 690 687 Email: geral@rootshotel.pt Full apartment @ Eur 158.50 per night/2 people

#### Aqua Ria Boutique Hotel

R. da M.nha 12, 8000-306 Faro, Portugal Contact: +351 920 138 792 Email: direccao.aquaria@aquariaboutiquehotel.pt Single room: @ Eur 181.50 per night on bed. Breakfast 10 euros Double room: @ Eur 196.50 per night on bed. Breakfast 10 euros

The following are situated near the airport and within walking distance of the meeting venue:

Hotel Mónaco Urbanização Monte da Ria, R. Baptista Severino, 8005-237 Faro, Portugal Contact: +351 289 895 060 Email: hotelmonaco@hotelmonaco.pt Single room: @ Eur 136.50 per night on bed & breakfast included Double room: @ Eur 226.50 per night on bed & breakfast included

Hotel ibis Faro Algarve Rua Antonio Aleixo, 204 Nº De Registo:285, 8005-174 Faro, Portugal Contact: +351 289 893 800 Email: H1593@ACCOR.COM Single room: Not available at the time of enquiry Double room: @ Eur 117.50 per night on bed. Breakfast 9.90 euros

#### Wax Hostel Av. Nascente 11, 8005-520 Faro, Portugal Contact: +351 289 038 566 Email: hostel@wax.pt Single room: Not available at the time of enquiry Double room: @ Eur 144.50 per night on bed



Hotel 3K Faro Aeroporto Estrada Do Aeroporto, N125-10, 8005-146, Portugal Contact: +351 963 880 047 Email: hostel@wax.pt Single room: @ Eur 141.50 per night on bed. Breakfast 9 euros Double room: @ Eur 151.50 per night on bed. Breakfast 9 euros

#### What to do and see in Faro



**Faro** is a historic and culturally rich city that boasts a variety of fascinating tourist attractions. Found within the historic quarter (the Cidade Velha) is a Gothic cathedral, the Paço Episcopal palace and the decorative Arco da Vila gateway. Outside of the city walls is a vibrant city, with pedestrianized shopping streets, characterful plazas and a wide variety of restaurants and bars.



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To the south of Faro is the Parque Natural da Ria Formosa, a series of saltwater lagoons and waterways, which is an important ecosystem for migratory birds and marine life. On the seaward side of the Ria Formosa are three sandbar islands, and these are the location of Faro's pristine beaches.



Interestings sights to see:

Faro Marina, Manuel Bivar plaza, Igreja da Misericórdia (church), Arco da Vila (gateway), Porta Nova, Se Cathedral, Câmara Municipal (City Hall), Faro



Museum, Arco do Repouso (gateway), Rua de SantoAntónio (shopping street), Igreja de São Pedro, Igreja do Carmo and Capela dos Ossos.

Sights around Faro: Cabo de Santa Maria, Ilha Deserta, Culatra fishing village.

Also, Faro is a good base from which to explore the Algarve by public transport. Tavira is only 40 minutes by train to the east, Vilamoura is 30 minutes by bus to the west, and even Lagos at the very western edge of the Algarve, can be reached by a direct train.

You can also consult this guide:

https://www.algarve-tourist.com/Faro-portugal-guide.html



#### If you have any question or concern, please contact us:

Training School Coordinator and Local Organiser - Cristina Nunes:

#### csnunes@ualg.pt

Grant Awarding Coordinator - Ana Pizarro: <u>eurofamnet@gmail.com</u> Grant Holder Manager - Alejandro de León: <u>fiusinternational@us.es</u>